



Re-read Psalm 23:1- (three times)



Underline verbs, key words, and names of God.



Commit to memorizing verses 1-2 by the next session

1. David begins this Psalm not by describing his life, but by describing his relationship with the Lord. What are the negative effects and consequences of focusing on this life? Also, what are the benefits and blessings of focusing on our life in relationship to the Lord’s presence and His promises?

2. If the Lord is your shepherd, you will dwell in the house of the Lord forever. What are some challenges that make it difficult to set your mind on what is forever, instead of what is for now. Secondly, what are the blessing and benefits of doing so?

3. It is better to have the inheritance of God than the wages of this life. Why is the inheritance of God better? Secondly, are there things that are “unfair” or things beyond your boundary lines in your life that you need to let go & lay down before God?

4. Starting with the Lord is important. For example, what good is it to put on armor after you’ve been pierced by an arrow? How is your morning routine with the Lord? Is there anything the Spirit is prompting you to change?



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